



AUGUST 02, 2014. Message from the Most Blessed Mother and reflection of Fr. Francisco Angel Verar H.

“Dear children, the reason that I am with you, my mission, is to help you for 'good' to win, even though this does not seem possible to you now. I know that you do not understand many things as I also did not understand everything, everything that my Son explained to me while He was growing up alongside me - but I believed Him and followed Him. I ask this of you also, to believe me and to follow me. However, my children, to follow me means to love my Son above everything, to love Him in every person without making differences. For you to be able to do this, I call you anew to renunciation, prayer and fasting. I am calling you for the Eucharist to be the life of your soul. I am calling you to be my apostles of light who will spread love and mercy through the world. My children, your life is only a blink in contrast to eternal life. And when you come before my Son, in your hearts He will see how much love you had. In order to spread love in the right way, I am asking my Son, through love, to grant you unity through Him, unity among you, unity between you and your shepherds. Through them my Son always gives Himself to you anew and renews your soul. Do not forget this. Thank you.”

1. The mission of Mary through Medjugorje,

On the 2nd day of each month, the Virgin has a date with us, and we with Her to pray “for those who do not experience the love of God in their hearts”. This quote does not vary, while the quote on the 25th.day has the purpose of: especially praying for peace and the conversion of souls. Both days, therefore are important. In the message of this 2nd day, the Mother makes reference to something very important; She speaks of Her mission through the apparitions of Medjugorje. Even though at other times She has underlined this, she reminds us again. In these moments that there are wars and threats of war in several countries, particularly in Gaza and Israel, in Iraq, Syria, etc. And just as we are concerned about peace, the Virgin is also concerned; as she is also concerned for the wars of incredulity that are in the world and are the source of the rest. Then, the apparitions of Mary are a help from Heaven to face the evils of the world today. And everything the Mother hopes to realize, can be summed in the Good for mankind. Again, we would have to affirm: that the Virgin does not come to earth for sightseeing, She comes to help us in having Good triumph; because in the midst of so much grief and suffering of the world, the Mother tells us how we can help Her and how we can help ourselves.

Also, in the message, the Mother mentions something very meaningful: **“Even though that might not seem possible. I know that there are many things you do not understand, just as I did not understand everything, everything that my Son taught me while He was growing next to me, but I believed in Him and followed Him. The same I ask of you, that you believe in me and follow me.”** This expression is due to the uncertainty of many, that, facing so much evil that exists in the world, think that the triumph of

Good is not possible. We see that the Mother, on the contrary, is optimistic and expects, that in the same way, her children are also optimistic: that we defeat the discouragement to which be it the reason or the control of mass media that commonly place more emphasis on the negative than on the positive.

The Mother also mentions something beautiful: **“ I know there are many things you do not understand, just as I did not understand everything, everything that my Son taught me while He was growing next to me, but I believed in Him and followed Him.”** It is a way of her telling us, “even though everything seems dark, with no way out, give yourselves to Me and believe”. And She emphasizes, that, though She did not understand “everything” that Her Son taught her, She believed in Him. Please note that in the last two messages of the 2nd day of each month, the Mother is referring to Her life on earth. We know that at the start of the apparitions the Virgin Mary told Her life to the visionaries – from Her birth up to Her Assumption on to heaven-, and in a particular way, she narrated Vicka more details and asked her to write it all. Thus, Vicka got to write three notebooks that contain the life of The Virgin and at Her indication, these notebooks will be published. May we are close to that day! But the most important part of the message is not what we do not know about Her life on earth, but rather what we already know: **that She without understanding everything Jesus taught Her while He grew at Her side, She believed in Him and followed Him.** In the same way we must proceed with the Mother: to believe in Her and follow Her.

2. To love Jesus: sacrifice (renouncement), prayer and fasting.

The second part of the message reminds us how we can help the Virgin in Her Project She has for the world and it can be summed up in: Loving Jesus, putting Him in the center of our lives, and love our neighbor. Again she reminds us that the best way, is the one that many do not want to do: **sacrifice, prayer and fasting.** The **sacrifice (renouncement)** that the Mother asks is a continued exercise against personal sin and the sin of the world. The Mother reminds us that we are in a spiritual battle, that can only be won, when we learn how to renounce to what we like for love. We can then say that there are two ways of renouncements: renouncements that lead to Good, and renouncements that induce evil. If a person smokes, drinks alcohol, lives in adultery, live with rancor and renounces to all that...Good triumphs. But, if a person renounces to attend Mass on Sundays, renounces to pray the Rosary, does not forgive, renounces the Faith, he/she harms him or herself and harms the others. Then, evil triumphs. Mary asks to renounce to things that will lead us to Good, to peace and to love. So it is not to renounce just for the sake of renouncing, but rather to renounce to things that will lead us to Good: **renounce sin above all. One day the Virgin said: “there is a fasting far better that the fasting with bread and water on Wednesdays and Fridays. Even better that the total fasting without bread or water, which is fasting from sin”.** A person who has defeated sin, that stops living in mortal sin, forever, can go to Heaven immediately after dying, but a person fasting on bread and water twice a week, living in mortal sin, cannot be saved, lest he/she abandons sin. Then renouncing sin, and everything that offends God, is more important than fasting; it is even more important than prayer. That is why in the message of this month, the Mother speaks first of **renouncement**, then of **prayer**, and finally of **fasting**. The greatest evil for the human being and of the World, is always sin. But there can be a bigger evil: not changing our heart, not to stay away from sin, **when one lives as the Pharisees of the Gospel, that “sift the mosquito but swallow the camel” as Jesus said.** This means: that many just see the sins of others and do nothing

to personally change. Then, renouncement is a key factor. That is why St. Ignatius of Loyola advised to examine our personal actions three times a day – the examination of conscience- to overcome oneself.

Also, the Mother has taught us how to **pray**. She asks a minimum of three hours of prayer everyday. And this is nothing compared to the time people spend in front of the computer, the cell phone, television, sports.....So in order to comply with these three hours of prayer, first we must discipline ourselves. **It all begins with the discipline so as not to waste time in nonsense.** Jesus never wasted time in nonsense, on the contrary: He prayed, preached to the crowds or privately to His disciples, or rather, He went from place to place to take the Word of God. He also tended to the sick and the poor. We are not Jesus, and we will never live like Him and He does not expect either. However, the example is a valid one as it teaches how Jesus took advantage of His time. But people nowadays do not follow this example and complain that they do not have time to pray. But the truth is that there is plenty of time. One day the Virgin said: “ **I know that all of you can pray up to four hours a day, if you put your heart to it, because it is only a sixth part of the day**”. Then, the Virgin knows about math and discipline, and we cannot deceive Her telling Her: “Mother: I do not have time to pray”. The truth is that time to pray, does exist; there are 24 hours in the day, 7 days a week, 30 days a month, 365 days a year. There is plenty of time!

Another advice the Virgin gives us is about **fasting**. To fast is always a decision for the Good: excelling food when it is done for love. You can give up food for depression, anxiety, anorexia, illness, to watch our figure or health, for lack of money or groceries. But another reason why which you can give up food, is when one thinks about holiness; in renouncing to inordinate passions, to anger, to rancor, to lust, and pride... and when we think about others, in peace, in the conversion of souls. And for this last one, Jesus and Mary also fasted; and so did the saints: it is fasting that please God; when the sacrifice of love is in between.

Fasting then, is not watching our figure, to be hungry...is above all **solidarity with the Mother. It is to be on the side of Good, on the side of God.** It is another way to show Him our love. And the Mother has said that the best way to do this is eating bread and water on Wednesdays and Fridays of each month, as long as they do not coincide with solemnities, birthdays, special family celebrations...In those cases the dates are changed.

3. To become a living Eucharist

The third part of the message speaks about the apostolate of the light, of the love, of the mercy, in sum: **that the souls become Eucharist**, because every apostolate nurtures from Her and tends to Her. But besides that, the Eucharist is the representation of every apostolate, furthermore, it is the living and permanent apostolate of Jesus amongst us. Without the Eucharist nothing is understood. Then, the Eucharist is the permanent school on the life of the Christian. Thus, when we attend Holy Mass, we must go with wide open hearts; as Mary received the words of Jesus, even when She did not understand them. The words addressed to Mary and Saint Joseph in Nazareth did not fall on torn sacks. Their hearts were fertile ground where God was pleased and they were examples to all believers.

We must also adore Eucharistic Jesus. Every prayer we say is important, if the recommendations of the Church are followed, because oriental meditation, yoga, for example, are not prayers. Christian prayers

are: The Rosary, the liturgy of the Hours, the Lectio Divina, the prayers of the heart, the litanies approved by the Church... but always, the best place to pray is before Jesus in the Blessed Sacrament. That is why this **form and expression** of prayer cannot be neglected. Frequent Eucharistic Adoration, is also a school of Christian life. We must spend more hours during the week before Jesus in the Eucharist than those in front of the TV. Parents must also take their children from an early age to adoration and teach them, that the live Jesus is there, and He wants to be adored for the Good of all of us.

4. Apostolate of unity.

In the last part of the message, the Mother refers to the **apostolate of unity**: the union of Jesus with us, amongst us, and the union of us with our Shepherds. This is a fundamental task, because, -it hurts to say it, but it is true-: there is much lack of unity in the Church, including amongst those who work for the apostolate of Medjugorje or amongst the Marian Apostolate. There are also divisions in the Parishes and communities; between the faithful and their Shepherds. Divisions amongst Christians: Catholics with Catholics and Catholics with Christians of other denominations. That is why the Mother, as She has done it before, calls us to reflection and to unity. And to cooperate with this apostolate, in the first place, we must be humble, if we work without humility we cannot be joined in what we work for. Besides to work for unity we must recognize our own mistakes, ask forgiveness and look for reconciliation. If each one holds his or her own stance the unity that Mary wants cannot be achieved. It hurts to see how each the "seamless garments of Jesus" are torn and torn everyday by human pride. Then, it is not enough to pray, attend Holy Mass, confess, fast.....we also must strive for that which at times costs more: the unity and the love, **to be one in Christ**. For this dialogue and gatherings are important, but above all, to decide for love, for forgiveness and humility.

At the end the Mother says: **My Son gives Himself through them, and renews your soul. This do not forget**". Which is to say, "my Son is always the best example for all of you, before He gave Himself up for you, and today He continues to give Himself for you in the Eucharist". Is as if She said: every time you attend Holy Mass and see what takes place in the Altar, you all renew your commitment of love, as your Shepherds do. Live joined to them, even if they have faults: love them and do not stray away from them"